

*****MEMORANDUM*****

To: USA Swimming LSCs and Clubs

From: Senior Swimming Committee

Date: April 13, 2005

Subject: 2005 Junior Championships

The USA Swimming Senior Swimming Committee met on April 6, 2005 and finalized the details of the 2005 Junior Championships, to be held August 9-13, 2005 in Irvine, Calif. A FACT sheet regarding this meet is included with this cover note.

There were two significant changes made by Senior Swimming to the meet information:

1. Time standards were modified to attempt to increase the number of athletes at the meet.
2. Bonus events will be permitted. Details for this are included in the Fact sheet.

If any club, coach or LSC has questions regarding this competition, please contact USA Swimming at 719-866-4578.

Thank you.

**USA Swimming
Junior Championships
Fact Sheet**

- The USA Swimming Junior Championships will be held August 9-13, 2005 (long course).
- Location: Woolett Aquatic Center
 Irvine High School
 4601 Walnut Avenue
 Irvine, CA 92620
- Future Year Site
 - Aug. 8-12, 2006 Woolett Aquatic Center, Irvine, CA Long course meters
- Time standards have been established to have between 900 and 1000 athletes in individual events at the meet. These time standards were revised by the Senior Swimming Committee on April 6, 2005.
- The qualifying period for entry times will be from July 1, 2004 through the entry deadline.
- Entry deadlines: On-line: Monday, August 1 Paper: Tuesday, August 2
- Fax entries: for swims done from Aug. 1 – Aug. 8. Fax entries due on Aug. 8.
- The meet is open to USA Swimming-registered athletes who are 18 and under as of the first day of the meet. College athletes who meet this age requirement are eligible to compete at this meet. Athletes who have qualifying times for the National Championships are eligible to swim in this meet in those events.
- Foreign national teams are not permitted to compete at this meet.
- Bonus events will be permitted for individual events only using the following formula:
 - Make 1 Junior standard, swim 1 additional event.
 - Make 2 Junior standards, swim 2 additional events.
 - Make 3 Junior standards, swim 1 additional event.
 - Make 4 (or more) Junior standards, swim 0 additional events.
 - In order to enter a bonus event, an athlete must meet the bonus event time standard listed on the second page of this document. In two events, the men's 50 Free (LCM) and the men's 100 Breast (LCM), the bonus standard is the same as the actual standard. These events are noted with an *.
- There is no limitation on the number of events an athlete can swim in the meet, provided he/she does not exceed Rule 102.2.2 (limit of 3 events per day).
- Time trials will be for individual event swimmers only. Rule 207.8.3 will apply for all other aspects of time trials.
- For the 4 x 50 Medley Relay all teams MUST have equaled or bettered the qualifying time in the 4 x 100 Medley Relay, and MUST enter using that 4 x 100 time.
- For the 4 x 50 Free Relay, all teams MUST have equaled or bettered the qualifying time in the 4 x 100 Free Relay, and MUST enter using that 4 x 100 time.
- For more information (hotels, entry blanks, maps, etc.) and to view the entire meet book, please go to the USA Swimming website:
 - www.usa-swimming.org

- The event order for the Junior Championships is as follows:

Aug. 9	4 x 50 Medley Relay 800 Free	Aug. 12	100 Back 400 Free 100 Breast 100 Back 4 x 100 Free Relay
Aug. 10	100 Free 200 Breast 200 Back 200 Fly 4 x 50 Free Relay	Aug. 13	200 IM 50 Free 1500 Free 4 x 100 Medley Relay
Aug. 11	200 Free 400 IM 4 x 200 Free Relay		

Women Time Standards for Junior Championships Men

LCM	SCM	SCY	EVENT	SCY	SCM	LCM
27.39	26.59	23.89	50 Free	21.39	23.69	24.79
58.89	56.99	51.79	100 Free	46.49	51.29	53.89
2:06.79	2:02.59	1:51.29	200 Free	1:41.69	1:52.49	1:57.29
4:24.99	4:14.89	4:55.29	400 Free	4:34.79	3:57.79	4:08.59
9:06.69	8:51.69	10:10.99	800 Free	9:32.69	8:20.79	8:37.29
17:32.49	16:48.29	16:54.19	1500 Free	15:56.69	15:56.19	16:31.39
1:06.49	1:02.99	57.39	100 Back	51.79	57.59	1:00.59
2:22.79	2:16.69	2:03.39	200 Back	1:52.29	2:04.59	2:11.49
1:14.89	1:12.39	1:04.89	100 Breast	58.29	1:04.69	1:10.09
2:41.39	2:36.29	2:19.79	200 Breast	2:07.19	2:22.49	2:28.59
1:04.39	1:02.09	56.49	100 Fly	50.79	55.69	58.19
2:21.19	2:16.29	2:04.09	200 Fly	1:53.19	2:03.79	2:09.79
2:23.69	2:18.09	2:05.29	200 I.M.	1:53.79	2:05.69	2:12.39
5:03.69	4:52.39	4:25.29	400 I.M.	4:02.49	4:28.29	4:41.59
4:06.99	4:02.79	3:36.99	400 FR	3:12.79	3:34.29	3:41.89
8:53.89	8:45.09	7:49.79	800 FR	7:05.69	7:53.29	8:07.49
4:36.39	4:28.89	4:01.29	400 MR	3:36.09	4:01.49	4:08.89

Qualifying period is July 1, 2004 through the entry deadline.

Women Time Standards for Bonus Events Men

LCM	SCM	SCY	EVENT	SCY	SCM	LCM
27.79	27.39	24.59	50 Free	21.69	23.99	24.79*
1:00.19	58.29	52.89	100 Free	47.09	52.09	53.99
2:09.09	2:05.89	1:54.19	200 Free	1:43.09	1:54.19	1:58.09
4:30.69	4:21.89	5:03.29	400 Free	4:39.59	4:02.09	4:09.79
9:15.99	9:00.99	10:21.29	800 Free	9:39.29	8:26.89	8:40.79
17:46.69	17:13.09	17:24.29	1500 Free	16:13.69	15:56.19	16:41.69
1:07.89	1:04.89	59.09	100 Back	53.09	59.09	1:01.39
2:25.99	2:20.79	2:06.99	200 Back	1:54.79	2:07.49	2:12.39
1:16.79	1:14.69	1:06.89	100 Breast	59.49	1:06.09	1:10.09*
2:44.99	2:41.39	2:24.29	200 Breast	2:09.79	2:25.59	2:29.79
1:05.79	1:04.29	58.49	100 Fly	51.89	56.89	58.89
2:24.19	2:19.99	2:07.39	200 Fly	1:54.89	2:05.79	2:10.59
2:27.59	2:22.89	2:09.49	200 I.M.	1:56.29	2:08.49	2:13.59
5:09.69	5:01.19	4:33.09	400 I.M.	4:08.09	4:34.69	4:43.89

Qualifying period is July 1, 2004 through the entry deadline.